3rd International Surgical Course
21/24 February 2008
Shoulder & Knee
Arthroscopy & Arthroplasty
Live Surgery

Final Program

University of Udine:
Live Surgery

Tarvisio:
No Borders Meeting
Scientific Committee
Course Chairman: E. Gervasi
Sia President: R. Minola
AAOS Chairman: P. Tonino
Guest hosting Chairman: A. Causero

Scientific Chairmen
Knee: R. Zini - C. Zorzi
Shoulder: E. Gervasi - E. Taverna

Under the Auspices of:
Regione Friuli Venezia Giulia
Provincia di Udine
Comune di Tarvisio
Comune di Udine

ESSSE/SECEC
European Society for Surgery of the Shoulder and Elbow

ESSKA
European Society of Sports traumatology, Knee surgery and Arthroscopy

SIGASCOT
Società Italiana di Chirurgia del Ginocchio, Arthroscopia, Sport, Cartilagine e Tecnologie Ortopediche

SICSsG
Società Italiana di Chirurgia della Spalla e del Gomito

Organizing Secretariat:
Meeting di Sara Zanazzi
Via Villalta 32 - 33100 UDINE Italy
phone +39 0432 1790500 - fax + 39 0432 1790854
www.meetingsarazanazzi.it - e-mail: info@meetingsarazanazzi.it

SIA website:
www.siaonline.it
Dear friends,

the “International Surgical Course of the Italian Society of Arthroscopy 2008” will take place in Friuli Venezia Giulia on February, from Thursday 21 to Sunday 24. This region is at the border between Italy, Austria and Slovenia: thus disclosing the aim of our Society to rise the partnership with the neighbouring countries' orthopaedic surgeons.

The intensive live surgery’s program will match one, as much intensive, including relive surgeries, instructional courses, “around the master” meetings. This year the live surgeries will be performed about knee and shoulder, being planned other joints for the next editions.

The Organising Committee cordially welcomes you to 3rd International Surgical Course which we are honoured to host in Udine for the Live Surgeries and in Tarvisio for the Scientific Meeting.

We look forward to receiving your registration on and to seeing you in Friuli! Yours sincerely,

Enrico Gervasi
Course Chairman

Riccardo Minola
S.I.A. President

General Information:

- **Congress Site**
  - **Tarvisio**
    - Sports Hall (Live Surgery Show)
      - Via Romana 7/A, Tarvisio (Ud)
    - Polifunctional Center (Conference Program)
      - Via Papa Giovanni Paolo II n 1, Tarvisio (Ud)

- **Theatres**
  - **Udine**
    - Clinica Ortopedica - Prof. Araldo Causero
      - Padiglione Petracco (2nd floor)
      - Piazzale Santa Maria della Misericordia 14 - 33100 Udine

- **Language**
  The official conference language is English.
  Simultaneous translation from English to Italian will be provided only for oral sessions

- **Lunch - Buffet**
  Served at Sports Hall (all participants)

- **ECM/UEM**
  The Conference will be included in
  ECM - Continuing Medical Education Programme of the Italian Ministry of Health only for Italian citizen
  UEM - Union Européenne des Médecins Spécialistes for European citizen

- **Provider ECM Program**
  Bibione Thermal Via delle Colonie 3 - 30020 BIBIONE (Venezia) Italy
  phone +39 0431 44 11 11 - fax +39 0431 44 11 99
  www.bibioneterme.com e-mail: info@bibioneterme.it

- **UEM for European citizen**
  Union Européenne des Médecins Spécialistes
  European Union of Medical Specialists
  Av. de la Couronne, 20 - Knoelaan - B-1050 BRUSSELS
  phone +32 2 649 5164 - fax +32 2 640 3730
  www.uems.net e-mail: SG@uems.net
How to reach Tarvisio

The Tarvisiano region enjoys a unique location: embedded in the north-eastern corner of Italy – bordering Austria and Slovenia – Tarvisio is located along one of the main European thoroughfares: the Vienna-Venice-Rome line. It is then extremely easy to reach Tarvisio both by public transport and your own car.

By train:

Tarvisio Boscoverde train station (abt. 3 km from the town centre) is very well connected for several day-trips to Udine, Trieste and Venice in Italy, and to Villach, Klagenfurt and Vienna in Austria.

Numerous trains depart every day from Udine to reach Tarvisio in about 40 minutes. Besides, three trips a day directly connect Venice to Tarvisio, making it easy to reach the town from every corner of Italy.

The same number of trips also connect Tarvisio Boscoverde to Villach - from where it is possible to reach the main Austrian cities – Klagenfurt and Vienna (which can be reached in about 4 hours).

By car:

Highway A23 Alpe Adria serves the whole Tarvisio area with the exits of Pontebba (from where you can reach within 20 minutes Passo Pramollo-Nassfeld), Malborghetto-Valbruna and Tarvisio (the last exit in Italy).

The A23 is a branch of the A4 Turin-Milan-Venice-Trieste highway; reaching Tarvisio by car is then the most comfortable thing one could imagine. From any city in north Italy it only takes a little more than a couple of hours to arrive in Tarvisio. For those coming from Austria or Slovenia, nothing could be easier: Tarvisio is the first exit in Italy, connected to the main highways in both countries.

By plane:

Tarvisio is right in the heart of the new enlarged Europe and it is well served from the main airports of middle Europe. Trieste, Klagenfurt and Ljubljana are only less than one hour away by car or train, whilst Venice and Munich airports connect Tarvisio to the main European cities.
### Thursday, February 21, 2008 Afternoon

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tr>
<td>13:00</td>
<td>Registration</td>
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<tr>
<td>14:00</td>
<td>ACL reconstruction</td>
<td>Knee</td>
<td>Giancarlo Coari</td>
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<tr>
<td>13:30</td>
<td>Shoulder arthroplasty</td>
<td>Shoulder</td>
<td>Herbert Resch</td>
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<tr>
<td>15:30</td>
<td>ACL reconstruction</td>
<td>Knee</td>
<td>Araldo Causero</td>
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<td>16:00</td>
<td>Coffee break</td>
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<tr>
<td>16:30</td>
<td>Arthroscopic rotator cuff repair</td>
<td>Shoulder</td>
<td>Anthony Romeo</td>
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<tr>
<td>17:30</td>
<td>Arthroscopic rotator cuff repair</td>
<td>Knee</td>
<td>Nicolò Coletti</td>
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<tr>
<td>18:00</td>
<td>President invited lectures</td>
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<tr>
<td>18:15</td>
<td>“The role of proprioception in shoulder and knee”</td>
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<td>18:40</td>
<td>Opening Ceremony</td>
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<tr>
<td>19:00</td>
<td>Welcome cocktail</td>
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### Friday, February 22, 2008 Morning

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<td>A.C.L. double bundle reconstruction</td>
<td>Knee</td>
<td>Freddie Fu</td>
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<td>09:00</td>
<td>PCL reconstruction</td>
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<tr>
<td>11:30</td>
<td>ACL reconstruction</td>
<td>Knee</td>
<td>Fabrizio Margheriti</td>
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<td>11:45</td>
<td>Point-Counterpoint Knee faculty</td>
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<td>12:00</td>
<td>Lunch</td>
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<td>16:00</td>
<td>Arthroscopic rotator cuff repair</td>
<td>Shoulder</td>
<td>Mike Terry</td>
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<tr>
<td>16:45</td>
<td>Reverse arthroplasty</td>
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<td>Anders Ekelund</td>
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<td>Point-Counterpoint Shoulder faculty</td>
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### Saturday, February 23, 2008 Morning

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<td>Arthroscopic rotator cuff repair</td>
<td>Shoulder</td>
<td>Heinz Laprell</td>
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<tr>
<td>10:15</td>
<td>Shoulder Arthroplasty</td>
<td>Shoulder</td>
<td>Bruno Toussaint</td>
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<tr>
<td>11:45</td>
<td>Arthroscopic capsuloplasty</td>
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<td>ACL reconstruction</td>
<td>Knee</td>
<td>Walter Pascale</td>
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<td>16:45</td>
<td>Computer Assisted TKA</td>
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<td>Jean-Louis Briard</td>
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### Sunday, February 24, 2008 Morning

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<tr>
<td>16:00</td>
<td>Arthroscopic rotator cuff repair</td>
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<td>Ferdinando Priano</td>
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<tr>
<td>11:30</td>
<td>Arthroscopic capsuloplasty</td>
<td>Shoulder</td>
<td>Paolo Avanzi</td>
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<td>12:15</td>
<td>Sub vastus approach in total knee arthroplasty</td>
<td>Knee</td>
<td>Vincenzo Alecci</td>
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<tr>
<td>12:15</td>
<td>Closing remarks</td>
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Polifunctional Center - Tarvisio

AAOS/SIA International Education Program
Shoulder & Elbow Course

Friday, February 22, 2008

08.00-08.05 Welcome and introductions  
R. Minola, P. M. Tonino

Shoulder-Instability

08.05 - 08.10 Presentation of cases-Instability  
P. Tonino, A. Ekelund

08.10 - 08.20 How I treat first time dislocations  
P. M. Tonino

08.20 - 08.30 Discussion  
All Faculty

08.30 - 08.45 Instability in the overhead athlete  
F. Savoie

08.45 - 09.00 How I deal with bone loss in revision surgery  
P. Baudi

09.00 - 09.15 How I deal with complex instability  
E. Taverna

09.15 - 09.30 Discussion  
All Faculty

09.30 - 09.45 How I treat acromioclavicular instability  
A. Romeo

09.45 - 10.00 Point-counterpoint-Rotator Interval closure  
F. Savoie, G. Di Giacomo

10.00 - 10.15 Questions and answers  
All Faculty

10.15 - 10.45 Coffee break

Approach to elbow pathology

10.45 - 10.55 Welcome and introductions  
R. Rotini, P. Tonino

10.55 - 11.05 Presentation of cases-Elbow  
G. Petitielli, P. Tonino

11.05 - 11.25 How I treat ulnar collateral injuries in athletes  
P. Tonino

11.25 - 11.35 Discussion  
All Faculty

11.35 - 11.45 How I treat elbow stiffness  
F. Savoie

11.45 - 11.55 How I treat degenerative elbow  
M. Conca

11.55 - 12.05 Point-counterpoint  
Open vs arthroscopic treatment of lateral epicondylitis  
P. Tonino, G. Pezzella

12.05 - 12.15 Questions and answers  
All Faculty

12.15 - 13.15 Lunch at Sports Hall

Saturday, February 23, 2008

16.00 - 16.05 Welcome and introductions  
R. Russo, F. Savoie

Shoulder – Rotator Cuff

16.05 - 16.15 Biologics and rotator cuff repairs  
A. Romeo

16.15 - 16.25 Surgical approaches in revision rotator cuff surgery  
A. Russo

16.25 - 16.40 Discussion  
All Faculty

16.40 - 16.50 Partial rotator cuff tears - what to do?  
F. Savoie, R. Minola

16.50 - 17.00 Questions and answers  
All Faculty

17.00 - 17.15 Coffee break

Approach to elbow pathology

10.45 - 10.55 Welcome and introductions  
R. Minola, L. Lafosse

10.55 - 11.05 Presentation of cases-Elbow  
A. Ekelund, E. Gervasi, S. Gumina, B. Poberaj,  
A. Romeo, F. Savoie, E. Taverna

11.05 - 11.25 How I treat ulnar collateral injuries in athletes  
P. Tonino

11.25 - 11.35 Discussion  
All Faculty

11.35 - 11.45 How I treat elbow stiffness  
F. Savoie

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11.55 - 12.05 Point-counterpoint  
Open vs arthroscopic treatment of lateral epicondylitis  
P. Tonino, G. Pezzella

12.05 - 12.15 Questions and answers  
All Faculty

12.15 - 13.15 Lunch at Sports Hall
Friday, February 22, 2008

**Welcome and introductions**
G. Conii, V. Calvisi

**The athletic knee: approach and treatment**

16.00  Chairman  
R. Zini, R. D’Anchise

16.05 - 16.15  Cartilage pathology  
A. Ferretti

16.15 - 16.25  Meniscal pathology  
M. Denti

16.25 - 16.35  Ligament pathology  
R. Cugat

16.35 - 16.50  Questions and answers

**Mini-uni replacement: where we are**

16.55  Chairman  
A. Causero, M. Strobel

16.55 - 17.05  Current techniques and results  
M. Schiraldi

17.05 - 17.15  MIS UKA, navigation and results  
F. Benazzo

17.15 - 17.25  Where are we now and where are we going with UKA  
M. Marcacci

17.25 - 17.35  Questions and answers

**Mini-invasive Arthroplasty**

17.40  Chairman  
A. Niceforo, A. Causero

17.40 - 17.50  MIS approaches: improve results or increase complications?  
A. Baldini

17.50 - 18.00  TKA. Techniques, results and experience in Italy  
P. Adravanti

18.00 - 18.10  TKA. Techniques, results and experience in France  
J.L. Briard

18.10 - 18.25  Questions and answers

Saturday, February 23, 2008

**Knee**

**Evolving strategies for ACL reconstruction**

08.00 - 08.45  Chairman  
R. Minola, M. Marcacci

08.05 - 08.15  Techniques to perform an anatomic double bundle ACL reconstruction  
L. Pederzini

08.15 - 08.25  Techniques to perform an anatomic double bundle ACL reconstruction  
P. Volpi

08.25 - 08.35  Clinical outcomes measurement: current status and future direction  
F. Giron

08.35 - 08.45  Anatomic double bundle ACL reconstruction: advantages, pitfalls, complications and revisions.  
F. Fu

08.45 - 08.55  Questions and answers

**Condral defect: strategy for treatment**

08.55  Chairman  
W. Albisetti, M. Strobel

09.00 - 09.10  ACI vs MCS in the knee  
F. Priano

09.10 - 09.20  Allografts vs DATS for chondral defects  
D. Rosa

09.20 - 09.30  Where are we going with cells repair in knee  
F. Fu

09.30 - 09.40  Questions and answers

**Meniscal scaffold & transplant: should we do it?**

09.40  Chairman  
P. Adravanti, S. Avondo

09.45 - 09.55  Reconstruction of medial meniscus with collagen implant: viability of implant and results  
P. Bulgheroni
09,55 - 10,05  Meniscus reconstruction by allografts: results, pitfalls, complications S. Zaffagnini
10,05 - 10,15 Meniscus reconstruction: which patients might benefit? R. Cugat
10,15 - 10,25 Questions and answers
10,25 - 10,45 Coffee Break

PCL reconstruction: what works best
10,45 Chairman A. Delcogliano, F. Fu
10,50 - 11,00 Techniques to perform an anatomic PCL reconstruction V. Calvisi
11,00 - 11,10 Techniques to perform an anatomic PCL reconstruction E. Arnaldi
11,10 - 11,20 Anatomic PCL reconstruction: advantages, pitfalls, complications and revisions M. Strobel
11,20 - 11,30 Techniques to perform PCL posterolateral reconstruction C. Zorzi
11,30 - 11,45 Questions and answers
12,00 - 13,30 Lunch at Sports Hall
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<td>Conmed Italia</td>
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